

MSVV TIMES

EDITION : 10A

FUELING MINDS, IGNITING CHANGE

Celebrating 50 Glorious Years of Excellence in Education

ALUMNI COLUMN



**SHRIVATS
RATHI**
CLASS OF 2000

My years at Modern School, Vasant Vihar were deeply formative in ways I fully understand only today. This school does not reward timidity, nor does it overly cushion weakness and I learned that early. Coming from a privileged background and being one of the shyest students in my class, I slowly realized that life here demanded resilience, discipline, and patience. Those lessons shaped me profoundly and helped me build a business today that is over ten times larger than my family enterprise.

MSVV's greatest gift was its diversity. My classmates came from vastly different cultural and social backgrounds, and observing their journeys taught me empathy, grounding, and how to navigate complex situations with sensitivity. I still carry vivid memories of the challenges many of them faced and the strength they showed.

The school's rich legacy, dedicated teachers, strong sports culture, and the guidance of principals like Mr. Vari instilled independence at a young age. Discipline and patience, above all, remain my biggest takeaways and the foundation of sustained success in life.

Once a Modernite, always a Modernite.



Modern School, Vasant Vihar has been honoured at the prestigious First in Class Conclave Awards 2026 in two categories: 'Best in Sports' and 'People's Choice.' The awards were presented by Ashish Sood, Hon'ble Minister of Education, Gov. of Delhi.

- The RSBM Inter-School Mathematics Competition, organised by the Ramanujan Society of Born Mathematicians (RSBM) at Modern School, Vasant Vihar, saw participation from students of various schools across multiple grade levels.
- Two students from our school, along with our respected Principal, Ms Vibha Khosla were invited to be part of a panel discussion hosted by NewsX on the theme of career awareness, skill-building, and the role of schools in shaping students.
- Our school has been designated as an official examination centre for the AISSE and AISSCE 2026 examinations, and we are fully prepared to welcome students with seamless arrangements, disciplined conduct, and a supportive environment.
- Adding to the spirit of academic engagement, our students had the proud opportunity to participate in Pariksha Pe Charcha 2026. The group attended an interactive session with the Hon'ble Prime Minister, Narendra Modi, at the Parliament.

WELCOMING SPRING: BASANT

Basant Panchami is not placed randomly in the Hindu calendar. It appears with intention, guided by the movement of the sun, the moon, and the quiet logic of nature itself. The Hindu calendar does not view time as a straight line, but as a cycle where celestial motion, seasons, and human life remain deeply connected. Festivals emerge where balance begins to return.

Basant Panchami falls on the fifth day of the lunar month of Magha, a time when the sun has begun its gradual northward journey after Makar Sankranti. This shift marks longer days, softer light, and a slow warming of the earth. It is the point where winter loosens its grip, though it has not fully departed. Basant exists in this in-between space, neither cold nor warm, neither still nor fully alive. Symbolically, it represents transition, the pause before momentum. In this calendar, eclipses hold significance as moments of imbalance, when light is temporarily obscured. They are seen not as events of fear, but as reminders of vulnerability and recalibration. Basant Panchami arrives after such periods of cosmic tension, reaffirming the return of harmony. It symbolises the restoration of light, clarity, and direction, both in the skies and within the self. The festival's timing reflects a belief that learning and growth require alignment. Just as the sun regains strength and the earth prepares for renewal, the human mind is encouraged to open itself to knowledge. Basant Panchami honours this synchronicity, suggesting that wisdom flourishes when effort, patience, and timing come together. Yellow, central to Basant, mirrors this celestial logic. It reflects sunlight returning with purpose rather than intensity. It symbolises intellect illuminated not by force, but by understanding.



Her association with Basant transforms the season into a reminder that learning is cyclical, shaped by phases of absorption, reflection, and expression. Within the academic rhythm of February, this symbolism feels especially resonant. Amid preparation, assessments, and sustained effort, Basant Panchami offers reassurance that progress is unfolding, even if invisibly. It affirms that endurance is meaningful, that clarity follows confusion, and that growth arrives when its time is right.

Thus, Basant is not merely a festival of spring, but a reminder drawn from the cosmos itself. It teaches that beginnings are guided by balance, that light returns after obscurity, and that every phase of quiet effort carries the promise of illumination.

STUDENTS' COLUMN

The Comparison Trap

We wake up to a world already in bloom,
Reflected in the glow of a darkened room.
Before we've even brushed the sleep from our eyes,
We're measuring our truths against everyone's lies.

We see the "Day 100," the trophy, the gold,
The stories of success so perfectly told.
But we never see the "Day 1," the sweat, or the fears,
The failed attempts or the frustrated tears.

We scroll through the photos and start to feel small,
Thinking everyone's winning while we're about to fall.

We blame our own lives for being "too slow,"
Comparing our "maybe" to their "ready-to-go."

But we don't know their story, we just see the frame,
We don't know the struggle, the stress, or the shame.
We're hating our reflection for not looking like theirs,
While they might be hiding a million repairs.

We've turned our hobbies into a race for a "like,"
Taking photos of the mountain instead of the hike.
If the sunset isn't captured, did the colours even stay?
Or did the beauty simply vanish with the ending of the day?

Our "ordinary" is a blessing, our "boring" is peace,
But we're waiting for the noise of the world to increase.

We're so busy proofreading how we appear,
That the actual moment just starts to disappear.

So here is a secret for the "aaj kal" soul:
You don't need a filter to make yourself whole.
Your life is a book, not a ten-second clip,
Don't let the real story give you the slip.

Stop being so hard on the person you are,
You're doing just fine, even without the gold star.

SHREYA ARORA X-A

THINGS AROUND US

2026 Winter Olympics Held in Italy

The 2026 Winter Olympics were held from 6 to 22 February 2026 in Milan and Cortina d'Ampezzo, Italy. Athletes from across the world competed in events such as skiing, ice hockey, figure skating, and snowboarding. The Olympics received massive global attention for athletic performances, medal tallies, and discussions around sustainability and infrastructure development.

ISRO Announces New Space Mission Preparations

The Indian Space Research Organisation (ISRO) shared updates regarding upcoming space missions, including advancements in satellite launches and human spaceflight preparations. These developments reflect India's continued growth as a leading space power and its focus on innovation and scientific research.

India's Union Budget 2026 Dominated National News

India presented the Union Budget 2026 on 1 February, and its impact dominated news throughout the month. Discussions focused on education funding, infrastructure growth, climate spending, and taxation reforms. The budget influenced market reactions, policy debates, and public discussions across the country.

Global and National Awareness Days Were Observed

Several important international and national days were observed in February 2026, drawing public and media attention. These included World Wetlands Day (Feb 2), World Cancer Day (Feb 4), International Mother Language Day (Feb 21), and National Science Day in India (Feb 28).

THE FUN PAGE

QUOTES

A. P. J. Abdul Kalam

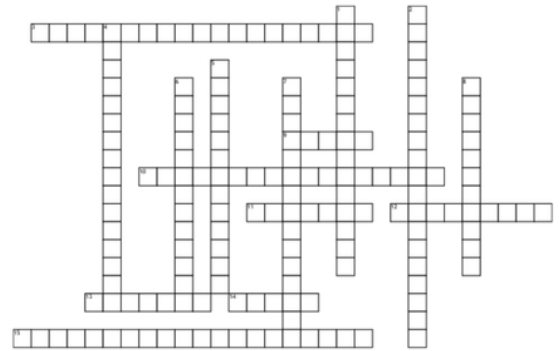
“If you want to shine like a sun, first burn like a sun.”

Swami Vivekananda

“Strength is life, weakness is death.”

CROSSWORD

Physical Activity & Fitness



Across

3. exercises in which a force acts against muscles.
9. the ability to move quickly
10. exercise in which the body's demand for oxygen is greater than what is available during exertion
11. the ability to keep from falling when moving.
12. A painful inflammation of the joints
13. the ability to rapidly change the position of the body.

Down

14. the ability to combine strength & speed
15. The measure of the changes in blood pressure during the day
1. exercise in which large amounts of oxygen are required continually for an extended period of time
2. rapidly stretching the muscle with a bouncing movement.
4. stretching the muscle to a point where a pull is felt and holding the stretch for 15-30 seconds
5. The force of blood against the artery walls.
6. the amount of blood pumped by the heart each minute.
7. ability to perform physical activities and to meet demands of daily living
8. reduction in the body temperature so that it is lower than normal, exposure to cold temperatures.

RIDDLES

I fall from the sky but never get hurt.
I help life grow, yet I have no life of my own.
Answer: Rain

I travel the world while staying in one place.
I can be gentle or fierce, but you cannot see me.
Answer: Wind

WORD SEARCH

Flower Word Search

M C A R N A T I O N N T S T L W E S
B U L A A E B N S A I S E E R F U A
O A R F S B L L W H I R R L E T I J
W B U T T E R C U P O R D W O N S O
O A C L U E N O M E N A E L U I S N
R A M A R Y L L I S B L A T I R V Q
R E W V T Z E U O G E E E O S H J U
A T L E I O O M S C E P L S A I A I
Y N L N U C S B P E Q R I L S B W L
S N N D M O L I D O F F A D O I A O
N I J E C H I N A C E A I N A S R T
A A A R V S N E I T A P M I I C I I
P I S S I O U H Y A C I N T H U A E
E L M L C N L C D I I E N I U S M R
S L I M A R I G O L D L D O T L O R
S L N N A R O B X R U I H E G I I I
Y I E B L I T S A O C A R A A E E P
U E C E E L L G E I F R N G D T B N

Amaryllis
Anemone
Aster
Astilbe
Begonia
Bluebell
Buttercup
Carnation
Columbine
Cosmos
Crocus
Daffodil
Dahlia

Echinacea
Foxglove
Freesia
Gardenia
Geranium
Hibiscus
Hyacinth
Impatiens
Iris
Jasmine
Jonquil
Lavender
Lily

Lotus
Marigold
Nasturtium
Orchid
Pansy
Petunia
Rose
Snowdrop
Tulip
Violet
Wisteria
Yarrow
Zinnia

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